



Founded 1966

IAC E-Newsletter

International Association for Counselling



September 2017

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President's Greeting



Dr Dione Mifsud,
IAC President

Dear Members,
I hope you enjoy the contents of this first IAC E-Newsletter. A central aim of IAC's work is to keep members updated on our activity and progress. We are also very interested in hearing from you and receiving counselling news

and stories from around the world. As you know, in 2017, many countries and people are at a time of unprecedented strain. As a global community of counsellors, counsellor educators, students, and researchers it is essential that we come together and play our part in advancing the field of counselling to promote health, well-being, respect, social justice and peace. The article on 'Global Advocacy' focuses on how we utilise our international networks and consultative status with Intergovernmental Organisations (e.g. United Nations) to bring a unifying voice to advocate for counselling at the regional and international decision-making levels. I wish you all the very best for the coming months.

Yours Sincerely, Dr Dione Mifsud.

Contact Us



[IAC Website](#)



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Counselling in Botswana



Esnaty Obetile

At the 2017 IAC/AAC conference in Buenos Aires, Argentina, Esnaty Obetile, (President of the Botswana Counselling Association), delivered a wonderful keynote presentation entitled: The State of Counselling in Botswana and Africa. Please view and read the presentation [HERE](#)



Mapping Based Counselling



by **Dr. Blythe Shepard**

University of Lethbridge,
Alberta, Canada



Life Map

People's lives consist of stories; how we come to know our world and ourselves is through the telling of, listening to, and re-telling of stories (Amundson, 2002; Connelly & Clandinin, 1990).

Storytelling allows people to re-establish ontological security: the sense of meaning, coherence in everyday life, and hope for the future. The narrative structure of life suggests the value of using narratives to reconfigure a coherent identity and[Full article HERE](#)

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IAC Webinar Series

IAC are delighted to host the first webinar in our upcoming series. Entitled 'Underreported Dissociation – Implications for Assessment and Treatment' the webinar will take place between **12:00 PM – 12:50PM (Eastern Time), on Monday the 11th September, 2017**. Valentina Chichinova, MA, is our presenter and this webinar is Free of charge for IAC Members ([see IAC Membership details](#)). It costs \$35 (Canadian Dollars) for non-IAC members. To Register: [Click Here](#)



Valentina Chichinova

Full details of the webinar content can be read [HERE](#)



IAC wish to thank the CCPA team for managing registrations on IAC's behalf.

New Regional Member

We welcome our New Executive Council Member - Anna Maria Mora, from the Republic of Trinidad and Tobago, to the IAC Executive Council. Anna Maria will be the IAC Regional Representative for the Caribbean Region and we wish her every success in this voluntary post. Anna Maria is a Counselling Psychologist and the immediate Past President of the Trinidad and Tobago Association of Psychologists (TTAP). A trained teacher, she worked at primary and secondary levels. Anna became one of a group of locally trained Guidance Officers to form a Guidance Unit for Secondary Schools and published a booklet of poetry written by teenagers titled "Youth in Search of Self."



Anna Maria Mora

.....continue reading [HERE](#)

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IAC Project: Global Advocacy for the Counselling Profession



A Global Voice for Counselling



Alongside 'World Mapping of the Counselling Profession', the IAC Global Advocacy Project is a major priority area for IAC. Here we explain what the project involves:

What is Advocacy? Advocacy is activity that aims to influence decision-making in political, institutional and social systems. It brings a much-needed voice for the counselling profession. Advocacy takes place at local, national and international level.

Why is advocacy important? Advocacy enhances the reputation and credibility of the profession and allows us to strengthen the position of counselling by influencing counselling-related policy worldwide. Important, high-level policy decisions on mental health, education, social issues, and work, are made at the intergovernmental level (e.g. WHO and UNESCO) and it is essential to ensure the appropriate inclusion of counselling.....continue reading [HERE](#).



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A Day in the Life: Member Profile

IAC Member Profile: Valentina Chichinova

How did you first get interested in counselling?

I first became interested in counselling after watching a movie with Richard Gere called the Final Analysis. I was fascinated by Freud's dreams interpretation and read some of his books in high school.



Valentina Chichinova

Where did you study and gain your counselling experience?

I completed my counselling related degrees in Canada. I am alumni of Simon Fraser and Trinity Western Universities. Most of my counselling experience has been in Canada, though I also worked for a short time as a counsellor in England and Bulgaria.....[Read the full interview HERE](#)

2018 IAC Conference – Rome ITALY



The global community of counselling will come together in beautiful Rome, Italy, from the **21st - 23rd September 2018**. The 2018 conference programme will contain an exceptional line up of Keynote speakers, Presenters, Discussion Groups, Workshops, Posters and Social Activity. Conference Details (venue, paper submission, registration & fees etc..) are being confirmed and we aim to announce them on the IAC website and social media in October 2017.

Save the dates - Come and Join Us - We Look Forward to Seeing You in Rome!

If you have any queries relating to the conference or conference sponsorship please contact us.

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Autism Advocate – Dr. Temple Grandin

Canadian IAC Member, Shawn Smith, conducted an interview with Dr. Temple Grandin, an American professor of animal science at Colorado state university and world famous spokesperson on autism. In 2010, due to her work in the area of autism, Dr. Grandin was listed as one of the 100 most influential people in the world by *Time* magazine. Listen to the interview [HERE](#).



Dr Temple Grandin

Do You Have Counselling News?

If you would like to share counselling stories from you country please email them to IAC CEO Naoise Kelly: CEO@iac-irtac.org



International Association for Counselling

EDUCATION

ADVOCACY

MEMBERSHIP

CERTIFICATION

PARTNERSHIP

UNITED NATIONS CONSULTATIVE STATUS



IAC - Connecting Counsellors Worldwide

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