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# PRESIDENT'S MESSAGE

Dear Members of IAC,

On behalf of all of the IAC Executive Council worldwide (listed below), I hope you enjoy reading this November 2019 IAC e-Newsletter. I am delighted that, for the first time, much of this e-Newsletter is also available in another language – Spanish. Over time, we plan to add articles in other languages so please feel free to submit articles of interest in any language.

IAC continues its efforts to support the development of counselling at country, regional and global levels. Our major current priorities are: to increase involvement and membership; to complete the mapping of the counselling profession in Africa; and to launch our exciting new *Country Ambassadors'* project. You will have seen our call for volunteers and we sincerely thank all those who responded. Volunteers are still needed for the IAC Development and Membership committees so if you are interested in promoting IAC in your region please do not hesitate to contact us (see more on our [volunteering webpage](#)).

In this issue you can read about the wonderful IAC/ICC 2020 conference that will take place in Kuching, Malaysia (11-13<sup>th</sup> August 2020). There will be an excellent line-up of speakers, workshops and social activity in Kuching and we hope you will be able to join us. The report of IAC's attendance at the recent World Health Organization (WHO) annual forum highlights that the focus of the WHO's mental health department's year is suicide prevention. As an organisation with UN (WHO, ILO, UNESCO and ECOSOC) consultative status, IAC will focus on the role of counsellors in addressing this crucial issue in the coming year.

We are very pleased to be launching the *IAC Country Ambassadors Programme* -- which will establish a global network of IAC Country Ambassadors to promote and represent IAC and counselling worldwide. A constantly changing world continues to put challenges in the way of counsellors having the same recognition, rights and opportunities as other professions. Our IAC Country Ambassadors will promote IAC's work and highlight how counselling makes a positive change in society by promoting social justice, and empowering people through increasing their choices and enhancing their wellbeing. We invite you to apply to become an IAC Country Ambassador.

As ever, we thank you for your membership and please do not hesitate to get in touch with any comments and suggestions.

Thank You and Best Wishes,

Bill Borgen

The IAC Executive Council is as follows:

- **President:** Bill Borgen
- **Treasurer:** Blythe Shepard
- **Secretary:** Nate Perron
- **Past President:** Dione Mifsud
- **Chief Executive:** Naoise Kelly
- **Membership Secretary:** Ruth Falzon
- **Regional Representative (Africa):** Dominic Nsona
- **Regional Representative (Asia):** Anasuya Jegathevi Jegathesan
- **Regional Representative (Caribbean):** Anna Maria Mora
- **Regional Representative (Oceania):** Di Stow
- **Regional Representative (Latin America):** Desiree Carlson
- **Regional Representative (Europe):** Jessica Bertolani
- **Regional Representative (North America):** Matt Lyons
- **Regional Representative (Middle-East):** Kabeer N.V.
- **Member-at-Large:** Amalia Madihie
- **Member-at-Large:** Jochen Becker-Ebel
- **Member-at-Large:** Dirk Rohr



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I also would like to thank members of the Executive Council that finished their terms earlier in 2019 for their leadership in contributing to the aims and activities of IAC. We greatly miss their participation, and welcome their continued involvement as members. These are:

- John Prysor-Jones (Wales, UK)
- Valentina Chichiniova (Canada)
- Courtland Lee (USA)
- Sue Webb (New Zealand)
- Esnaty Obitile (Botswana)
- Umut Arslan (Turkey)

# ICC 2020 CONFERENCE

KUCHING, MALAYSIA, FROM 10-13TH AUGUST 2020

The global community of counsellors will meet in **Kuching, Malaysia, from 10-13<sup>th</sup> August 2020**. The 2020 conference will contain an exceptional line up of Keynote speakers, Presenters, Discussion Groups, Posters and Social Activity. Please find some conference information below. We look forward to a wonderful event.

**Location:** Kuching, Sarawak, Malaysia, offers a plethora of Malaysian culture, adventure, nature, food, and sights not to be found anywhere else in the world. Kuching is the beautiful capital city of the state of Sarawak -- located in the northwest of [Borneo Island](#). Direct international flights to Sarawak are limited and international visitors to Sarawak usually take a connecting flight from either Kuala Lumpur, Brunei, Singapore or Pontianak in Indonesia. Whether visiting Kuching museums, experiencing the lifestyle of one of the many indigenous communities' longhouses, or exploring gigantic caves in the UNESCO World Heritage site of Gunung Mulu National Park, Sarawak offers a host of memorable experiences to bring home.

**Organising Partners:** This conference is being organised by three prestigious Malaysian organisations (PERKAMA International, the Sarawak State Government, and the University of Malaysia-Sarawak) as well as the IAC.

**Conference Name:** **ICC2020** -- this stands for **I**nternational **C**ounselling **C**onference 2020

**Conference Theme:** The theme is 'Contemporary Issues in Counselling' and there are sixteen subthemes (listed [HERE](#)).

**Conference Dates:** The main conference takes place from **Tuesday to Thursday (11th - 13th August)**. A pre-conference day takes place on Monday the 10th of August.

**Conference Venue:** ICC2020 will be held at the [Hilton Hotel, Kuching](#), Sarawak, Malaysia.

**Accommodation:** All conference attendees are responsible for all aspects of their own travel arrangements and accommodation. The conference Hotel, Hilton Kuching, is offering discounted rates for conference attendees. **How to book:** Booking is made directly with the Hotel: [HERE](#)

**Conference Fees / Registration / Payment:** The conference fees (including lunches and breaks) follow. All amounts are in approximate **\$USD**, with the **RM** (Malaysian Ringgit) amount in brackets beside them.



|                             | Pre-Conference Day    | Early Bird (until January 31)* | Full Fee*                |
|-----------------------------|-----------------------|--------------------------------|--------------------------|
| <b>IAC Member</b>           | <b>85</b><br>(250 RM) | <b>435</b><br>(1750 RM)        | <b>500</b><br>(2000 RM)  |
| <b>Non Member</b>           | <b>85</b><br>(250 RM) | <b>575</b><br>(2300 RM)        | <b>650</b><br>(2,600 RM) |
| <b>IAC Student</b>          | <b>60</b><br>(350 RM) | <b>285</b><br>(1150 RM)        | <b>350</b><br>(1400 RM)  |
| <b>Student (Non-member)</b> | <b>60</b><br>(350 RM) | <b>350</b><br>(1400 RM)        | <b>415</b><br>(1650 RM)  |

\* not including pre-conference day

**The fees include:**

- Food: One lunch and two tea-breaks (coffee/tea, 2-3 small finger foods) on each conference day
- A programme kit (ICC2020 Programme Book, Lanyard, Nametag)
- ICC2020 Souvenir
- ICC2020 Tote bag
- Conference attendance certificate.

**Conference Registration is [completed HERE](#)**

**Group Discounts:** For those who would like to bring a large group (at least 10 persons), please contact the secretariat directly ([secretariat@icc2020.my](mailto:secretariat@icc2020.my)) to discuss a discounted rate.



Image Source: Pixabay

**Abstract/Proposal Submission:** An Abstract/Proposal of approximately 300 words must be submitted by 29th November 2019. Acceptance letters will be issued in January 2020. The payment of the ICC2020 registration fees should be completed only after the abstract is ACCEPTED and after you have RECEIVED a letter of acceptance from the ICC2020 secretariat. Abstract/Proposal submissions can be made [HERE](#)

**Gala Dinner:** All registered delegates will be invited to a State Dinner on the evening of Tuesday 11th August 2020. This event is being generously hosted by Sarawak State and there is no charge to attendees.

**Social Media:** Our Malaysian partners welcome you to connect with them through Facebook (International Counselling Conference 2020) and Instagram (ICC2020\_IAC2020).

**Enquiries:** Please contact the ICC2020 Secretariat (in Malaysia) with any enquiries at: [secretariat@icc2020.my](mailto:secretariat@icc2020.my)

**Visa and Customs Information:** [Please see HERE](#)

# MAPPING OF THE COUNSELLING PROFESSION IN AFRICA

IAC is currently engaged in a major global counselling project entitled the 'World Mapping of the Counselling Profession'. The aim of the project is to compile data and information about the scale, standards and contexts of counselling activity in each of the world's 196 countries. The mapping of the 54 sovereign states of Africa has started and is at an information gathering stage. Mapping of this region will be the second (following Latin-America) to be mapped. The mapping of the pilot region (Latin-America) was carried out on in partnership with the American Counseling Association (ACA) -- whose support we gratefully acknowledge. Generating detailed knowledge about the counselling profession for each country will significantly raise public and professional awareness of counselling, enable enhanced advocacy (both national and international), and improve information sharing for individual counsellors and the wider profession. This is a large scale project as the African continent has over 1.2 billion residents. The cultural contexts in which counselling is practiced in Africa is incredibly varied. For example it is the most linguistically diverse continent with over 3,000 languages estimated to be spoken on this beautiful continent. The World Health Organisation (WHO) encourages the IAC mapping activity as a positive development in gaining an accurate assessment of the numbers of mental health professionals worldwide. Please read more about the mapping [HERE](#).

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## WORLD HEALTH ORGANIZATION

IAC CEO Naoise Kelly attended the 2019 WHO Annual Forum in October. This two days of intensive activity provided an opportunity for IAC to engage with a diverse group of mental health stakeholders to discuss a variety of issues, mostly related to the implementation of the WHO's Mental Health Action Plan 2013-2020. The WHO focus for the event was on suicide prevention. They launched videos and handouts that can be seen [HERE](#). Also, the Mental Health Community Toolkit was launched by the WHO (see [HERE](#)).

## IAC COUNTRY AMBASSADORS

We are delighted to announce that the IAC Country Ambassadors' Programme will be launched on the **20<sup>th</sup> of November 2019**. The IAC Executive Council has approved establishing a global network of IAC Country Ambassadors to promote and represent the Association worldwide. An IAC Country Ambassador is an IAC Member who represents IAC at a country level and serves as a direct link to counselling in that country. This network will help us further deliver IAC's strategic aims for the development of counselling, global promotion of the profession, and enhancement of infrastructure. The role of an IAC Ambassador is to increase awareness of IAC and its work, to promote membership, to act as a mentor to new and prospective members, and to help build IAC's profile. IAC Ambassadors will serve as official representatives of IAC in an enhanced volunteer capacity for a 3-year term (with the potential to renew). All details of the role and duties of these exciting and prestigious new positions (for which appropriate recognition will be given) will be announced later this month.



# REFLECTIONS ON THE 2019 CCPA/IAC MONCTON CONFERENCE

SUBMITTED BY NATE PERRON

The Counseling Practitioners' Round Table (CPRT) is one of the most active and engaging experiences for IAC members outside of the annual conference. This forum provides meaningful space for IAC counselors from all over the world to come together online and discuss professional issues that impact the counseling profession, client support, and even counselor resilience. The group meets once every two to three months on a live video platform. Review previous meeting minutes on the [CPRT page](#).

At the 2019 conference in Moncton, New Brunswick, Canada, the CPRT provided a panel of members to lead discussions related to the theme of "Combatting Isolation in Practice within the Counseling Profession." The panel allowed for meaningful dialogue with conference attendees to consider various ways that participants have been able to minimize the impact of isolation in settings world-wide. Various aspects of support were presented, including internet-based collaborations, engaging in professional service, exploring advocacy efforts for the profession, and mental health needs of communities. Since the conference in May 2019, the CPRT continued to meet for ongoing discussions on September 14, 2019 and November 1, 2019. In this way, IAC is utilizing roundtables like the CPRT to reduce isolation in the counseling profession.

The motto of the CPRT remains "Sharing practice around the world." IAC members who participate will continue to benefit in ongoing discussions to advance dialogue. The September CPRT yielded purposeful discussion around topics involving Research, First Responders, Local Counseling Practice Issues, and Defining Mental Health Counseling. A new approach emerged at the last CPRT meeting on November 1, 2019. Professional issues that arose for discussion were summarized and recorded. For example, the CPRT summarized points related to counseling children and adolescents including: (1) Avoid labeling and diagnosing; (2) Look at systemic issues: family, environment, etc.; (3) Identify the centre-point that can give them hope: code of living (philosophical, religious, etc.); (4) Use creative approaches; and (5) Build awareness among parents and communities. The goal of the CPRT will be to provide opportunities to discuss these issues and benefit from the perspectives of colleagues who practice in other countries.

If you have an interest in joining the next CPRT meeting or learning more about it, please contact Nate Perron at [nate.perron@northwestern.edu](mailto:nate.perron@northwestern.edu).



# ASSOCIATIONS' ROUNDTABLE MEETING

SUBMITTED BY NATE PERRON

## **President's Address, Attendees and Some Discussion Topics:**

The IAC's Association Roundtable Meeting began with President Dione Mifsud's Address. You can find his complete address on [IAC's website](#). Nineteen world-wide Associations' representatives and attendees were present from Malta, Canada, Israel, New Zealand, USA, Germany & India, Malaysia, Uruguay and Mexico. IAC's facilitator, Ms. Sue Webb, opened the discussion with the thought-provoking question: "What have you worked on in the last 10 years that you would like to share?" She gave the example of the ethics procedure that they had developed in New Zealand. Vibrant group discussions followed. Some examples were: Regulatory efforts between provinces, challenges of limited parity between mental health professionals who are and aren't tax exempt and discussions about efforts to achieve reconciliation with First Nation Communities and supporting refugee situations and education in Canada. Associations in the USA were working on parity in the mental health field with other professionals and ensuring that their organization runs smoothly. There were also challenges re: portability and using the counseling license from one State to another. Interestingly, Israel was working to develop a professional identity centered on school counseling in a multicultural society. The ACA model of counselling is used. A law in Malta was passed to emphasize that the word "counsellor" was only designated for those qualified to provide counseling.

## **Conferences: 2020 and 2021**

Malaysia shared slides and videos showcasing the venue for the IAC/ICC conference 2020. There are expressions of interest from Samoa and Italy to host the 2021 conference.

## **Needs of Counselling Associations**

President Dione Mifsud facilitated a discussion on the needs of counseling associations. He gave some details regarding IAC with it being a voluntary organization and employing a CEO who is working without adequate pay to support the mission of IAC. Associations must work together and not just come together at AGMs. There are eight round tables. Each one focuses on a different topic such as International Research, counselling practice (the Counselling Practitioners' Roundtable), and Indigenous topics. The membership is invited to participate in any of the roundtables.

## **Conclusion:**

It is important to understand what is happening in the counseling profession throughout the world. The mapping of the counseling profession in Latin America is completed and can be found on [IAC's website](#).



# WHAT IS GROUP RELATIONS?

SUBMITTED BY KEITH LEQUAY PH.D.

Group Relations refers to an experiential and applied methodology which combines psychodynamic approaches and open-systems theory, much of it as a result of the work of the British psychoanalyst Wilfred Bion. Bion's (1897-1979) work has its foundation in the work of several theorists of the late nineteenth and early twentieth century. He was also influenced by the calamity that was World Wars I and II, in the early twentieth century.

These theoretical and clinical explorations included the works of Gustave Le Bon, Max Wertheimer, Wilhelm Wundt, Sigmund Freud, Melanie Klein and Kurt Lewin. Their explorations of behaviours in a crowd or in communities, their interest in group behaviour and its dynamics, and their understanding of the emergence of psychoanalytic defence mechanisms within a group, influenced Bion in his exploration of the unconscious, within and between groups.

Group dynamics itself was defined by the social psychologist Kurt Lewin (1890-1947) to explain these unseen forces, both positive and negative, at work in groups. The basic premise of group dynamics is that the "group as a whole" functions in ways that are greater than the sum of its parts. An explanation of the group behaviour, therefore, requires more than just an exploration of the individual behaviours in group. Group composition – its structure, size, group mind and group think – are all variables which impact and shape the group psychology.

Group Relations as a technology is based on over 70 years of research and practice and it can provide amazing insights into the complexity and tensions of the human psyche, as it manifests itself in groups. These insights can offer a pathway to excavate contemporary challenges and responses to stressful living and its trials, including virtual group behaviours.

Bion suggests that within each group there is a "work group," which is task-oriented and rational in its behaviour, and a "basic assumption group" which is guided by three underlying assumptions which distract from the task group: dependency, fight-flight, and pairing. The group activates its membership in pursuit of these assumptions. The constant tension between these two sub-groups in context is at the core of the group relations methodology.

By creating temporary groups and organisations as a microcosm of the real world, the "here and now" experiences within a Group Relations conference (it's not a traditional conference) can both simulate and stimulate the unconscious processes at work in communities, groups and organisational life. These unseen dynamics include the social defenses triggered against internal conflicts and its anxiety and facilitate the possible resolution of barriers inhibiting personal and group wellness. The real-world application to conflict and diversity issues and engaging with the "other" in group environments should be very obvious.

By facilitating the exploration of boundaries, authority, roles, and task (BART) within these experiential group events, individuals and the group can reflect on the unconscious thoughts and emotions that surface in real time. Interpretations of the defences that surface in group may include denials, projections, transference, and countertransference, which then become available for the group to explore as a way of getting unstuck.

For counselling psychologists who engage in prevention, community health issues, and psycho-social interactions, this unique group relations microcosm can be another instrument in our wellness toolboxes.

Keith Lequay, Ph.D., is a Group Relations Consultant, Organisational Psychologist and former President of the T&T Association of Psychologists (TTAP). He currently lives in Jamaica.



# 2019/20 COUNSELLING EVENTS & CONFERENCES

**Greece: (November 2019):** Hellenic Association for Counselling (HAC) 2019 Conference, “Love, affection, sex: the triptych of relationship”, 2 -3 November 2019, Athens, Greece.

**USA: (Feb 2020):** “Fifth annual Law and Ethics in Counseling Conference”, 11-14 February, 2020, at the Bourbon Orleans Hotel, New Orleans, Louisiana. [Details HERE](#)

**Ireland: 2020 (March):** “3rd International Conference on Pluralistic Counselling & Psychotherapy”, 28 - 29 March 2020, IICP, Dublin. [Details HERE](#)

**USA: (2020 April):** ACA 2020 Conference and Expo “Break Through – For yourself, your profession & your clients”, 16 - 19 April 2020, San Diego, California. [Details HERE](#)

**United Kingdom: (2020 May):** 26th BACP Annual Research Conference “Keeping clients at the centre of research and policy”, 15 - 16 May, 2020, Bristol, England. Details [HERE](#)

**Canada: (May 2020):** CCPA 2020 Conference, 7 – 10 May, 2020, at the Westin Hotel, Edmonton, Alberta. [Details HERE](#)

**Malaysia: (August 2020):** IAC/ICC 2020 Conference. 'Contemporary Issues in Counselling' 10th - 13th August 2020, Hilton Kuching, Sarawak, Malaysia [Details HERE](#)



Image Source: Pixabay

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## COMMITTEE RECRUITMENT

As a result of our volunteer recruitment requests to members some positions were filled. We still seek members for some committees and we encourage all members who would like to play a more active role in IAC to put their names forward. Please consider the committee Terms of Reference and roles carefully before offering to assist. Please click on the committee name (below) to bring you to the full descriptions. If you are interested, please send an email stating your interest, any relevant skills or experience, and what you hope to bring to the committee/role. Please email this to the person listed after the committee/work area:

- [IAC Development Committee](#) -- Please contact Dr. Matt Lyons: [matthew.lyons@ucumberlands.edu](mailto:matthew.lyons@ucumberlands.edu)
- [IAC Membership Committee](#) -- Please contact [ceo@iac-irtac.org](mailto:ceo@iac-irtac.org)
- [IAC Newsletter Assistants](#) -- Please contact Anna Maria Mora: [tiaga.san@gmail.com](mailto:tiaga.san@gmail.com)
- [IAC Events Committee](#) -- Please contact [ceo@iac-irtac.org](mailto:ceo@iac-irtac.org)

Please do not hesitate to contact us if you have any questions. We greatly appreciate your consideration of this request.

# WEBINAR: TRANSCULTURAL ONLINE COUNSELLING

## IAC WEBINAR SERIES

**Presenter:** Desiree Carlson

**When:** 12:00 PM (Eastern Time) Friday 6<sup>th</sup> December, 2019

**Cost:**

- **Free** for IAC Members ([see IAC Membership](#))
- €10 (Euros) for non-IAC members



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### How to Join:

- **IAC Members:** Can join through the following weblink: <https://zoom.us/my/nperron> or use the following Zoom meeting code: 603-504-6140 Further (Zoom) instructions will be emailed to members in advance.
- **Non-members:** Please email [ceo@iac-irtac.org](mailto:ceo@iac-irtac.org) for instructions

### Webinar Description: TRANSCULTURAL ONLINE COUNSELING

As counsellors we are using technology more and more as a way to help others without physical or geographical borders. This reality comes with huge potential as well as enormous challenges to keep our professional mindset intact while opening our minds to adapt to virtual realities and master the art of creating intimacy and connection through virtual spaces. To create a therapeutical online environment requires a considerable set of cultural, emotional and phenomenological abilities in order to make our work both therapeutical and have it accesible to all. This webinar – TRANSCULTURAL ONLINE COUNSELING – looks to reflect upon these matters as well as to develop tools to create virtual therapeutical spaces – facing the challenges with wisdom, humility and intentionality.



**Desiree Carlson:** Desiree Carlson is a psychotherapist with extensive professional experience. Desiree has developed and implemented a wide variety of therapeutic programs for youth, adults, men, women, singles, and couples. Desiree is a renowned national and international therapist, designer and instructor, who is skilled at facilitating seminars, workshops, trainings, and conferences, as well as providing individualized counselling services for individuals and groups. Desiree is licensed as a counsellor, psychotherapist, and skills coach. She joined the IAC Executive Council in May 2019, in order to bring connection and evolution to counselling in Latin American countries. Desiree has dedicated over 10 years to the development of a therapy without borders through a phenomenological perspective.

**Enjoy the webinar!**

# SOCIAL MEDIA

IAC's social media profile has been steadily increasing and we have approximately 1650 Facebook 'Followers'. Although, overall, this is a relatively low number, the rate of increase is notable and continuing. We encourage all IAC supporters to 'like' the Facebook page and to re-tweet our 'Tweets'. IAC volunteer Valentina Chichiniova regularly posts items to IAC's social media and we greatly appreciate her input.

# MESSAGES OF SUPPORT

IAC recently sent a message of support letter ([read HERE](#)) to the Hellenic (Greek) Association for Counselling's 2019 Conference. IAC was invited to attend and speak but unfortunately our funding did not allow for that. Any IAC members that would like similar messages for their national, or other, counselling conference please let us know.



# ALL LANGUAGES

Please feel free to submit articles of interest in any language. If we can translate it, we will; if not, we are pleased that speakers of that language will, at a minimum, be able to read it.

# ADVERTISING

PLACE AN ADVERT IN THE IAC NEWSLETTER

This creates an opportunity to:

- Connect with Counsellors Worldwide
- Access a vast International Audience
- Reach Counsellors, Educators and Students
- Advertise at a low cost

To Learn More please contact: [ceo@iac-irtac.org](mailto:ceo@iac-irtac.org)

# GET IN CONTACT

Share your Counselling News: If you would like to share your counselling stories, or news from your country please email them to: Anna Maria Mora: [tiaga.san@gmail.com](mailto:tiaga.san@gmail.com) and Roberta Neault: [roberta@lifestrategies.ca](mailto:roberta@lifestrategies.ca)



# MENSAJE DEL PRESIDENTE

Estimados miembros de IAC:

En nombre de todos los miembros del Consejo Ejecutivo de IAC en todo el mundo (enumerados a continuación), espero que disfruten leyendo este boletín electrónico de noviembre de 2019. Estoy encantado de que, por primera vez, gran parte de este boletín electrónico también esté disponible en otro idioma: español. Con el tiempo, planeamos agregar artículos en otros idiomas, así que no dude en enviar artículos de interés en cualquier lengua.

IAC continúa sus esfuerzos para apoyar el desarrollo del counseling a nivel nacional, regional y mundial. Nuestras principales prioridades actuales son: aumentar la participación y la membresía; completar el mapeo de la profesión de counseling en África; y para lanzar nuestro nuevo y emocionante proyecto de Embajadores de País. Habrás visto nuestra convocatoria de voluntarios y agradecemos sinceramente a todos los que respondieron. Todavía se necesitan voluntarios para los comités de Desarrollo y Membresía de IAC, por lo que si está interesado en promover IAC en su región, no dude en contactarnos (vea más en nuestra página web de voluntariado).

En este número, puede leer sobre counseling en países de la región del Caribe y sobre la maravillosa conferencia IAC / ICC 2020 que tendrá lugar en Kuching, Malasia (11-13 de agosto de 2020). Habrá una excelente lista de oradores, talleres y actividades sociales en Kuching y esperamos que pueda unirse a nosotros. El informe de la asistencia de IAC al reciente foro anual de la Organización Mundial de la Salud (OMS) destaca que el enfoque del año del departamento de salud mental de la OMS es la prevención del suicidio. Como organización con estatus consultivo de la ONU (OMS, OIT, UNESCO y ECOSOC), durante el próximo año, IAC se centrará en el papel de los asesores para abordar este tema crucial.

Estamos muy contentos de lanzar el IAC Programa de Embajadores de País, que establecerá una red global de IAC Embajadores de País para promover y representar a IAC y al counseling en todo el mundo. Un mundo en constante cambio continúa planteando desafíos a los counselors que tienen el mismo reconocimiento, derechos y oportunidades que otros profesionales. Nuestros IAC Embajadores de País promoverá el trabajo de IAC y resaltará cómo el counseling hace un cambio positivo en la sociedad al promover la justicia social y empoderar a las personas al aumentar sus opciones y mejorar su bienestar. Te invitamos a postularte para convertirte en un IAC Embajador de País.

Como siempre, le agradecemos su membresía y no dude en ponerse en contacto con cualquier comentario y sugerencia.

Gracias y los mejores deseos de,

Bill Borgen

El Consejo Ejecutivo de IAC es el siguiente:

- Presidente: Bill Borgen
- Tesorero: Blythe Shepard
- Secretario: Nate Perron
- Ex presidente: Dione Mifsud
- Director Ejecutivo: Naoise Kelly
- Secretaria de Membresía: Ruth Falzon
- Representante regional (África): Dominic Nsona
- Representante regional (Asia): Anasuya Jegathevi Jegathesan
- Representante regional (Caribe): Anna Maria Mora
- Representante regional (Oceanía): Di Stow
- Representante regional (América Latina): Desiree Carlson
- Representante regional (Europa): Jessica Bertolani
- Representante regional (América del Norte): Matt Lyons
- Representante regional (Medio Oriente): Kabeer N.V.
- Miembro en general: Amalia Madihie
- Miembro en general: Jochen Becker-Ebel
- Miembro en general: Dirk Rohr



Fuente de Imagen: Pixabay

También me gustaría agradecer a los miembros del Consejo Ejecutivo que terminaron sus mandatos a principios de 2019 por su liderazgo para contribuir a los objetivos y actividades de IAC. Extrañamos mucho su participación, y agradecemos su continua participación como miembros. Estos son:

- John Prysor-Jones (Gales, Reino Unido)
- Valentina Chichiniova (Canadá)
- Courtland Lee (EE. UU.)
- Sue Webb (Nueva Zelanda)
- Esnaty Obitile (Botsuana)
- Umut Arslan (Turquía)

# CONFERENCIA ICC 2020

KUCHING, MALASIA, DEL 10 AL 13 DE AGOSTO DE 2020

La conferencia 2020 contendrá una línea excepcional de oradores principales, presentadores, grupos de discusión, carteles y actividades sociales. A continuación encontrará información sobre la conferencia. Esperamos un evento maravilloso.

**Ubicación:** Kuching, Sarawak, Malasia, ofrece una gran cantidad de cultura malaya, aventura, naturaleza, comida y lugares que no se encuentran en ningún otro lugar del mundo. Kuching es la bella ciudad capital del estado de Sarawak, ubicada en el noroeste de la isla de Borneo. Los vuelos internacionales directos a Sarawak son limitados y los visitantes internacionales a Sarawak generalmente toman un vuelo de conexión desde Kuala Lumpur, Brunei, Singapur o Pontianak en Indonesia. Ya sea que visite los museos de Kuching, experimente el estilo de vida de una de las grandes casas de las comunidades indígenas o explore gigantescas cuevas en el sitio del Parque Nacional Gunung Mulu, declarado Patrimonio de la Humanidad por la UNESCO, Sarawak ofrece una serie de experiencias memorables para llevar a casa.

**Socios organizadores:** esta conferencia está siendo organizada por tres prestigiosas organizaciones de Malasia (PERKAMA International, el gobierno del estado de Sarawak y la Universidad de Malasia-Sarawak), así como el IAC.

**Nombre de la conferencia:** ICC2020 - esto significa Conferencia Internacional de Consejería 2020

**Tema de la conferencia:** El tema es 'Temas contemporáneos en la consejería' y hay dieciséis subtemas (enumerados [AQUÍ](#)).

**Fechas de la conferencia:** la conferencia principal se lleva a cabo de martes a jueves (11 al 13 de agosto). El día de la pre-conferencia tiene lugar el lunes 10 de agosto.

**Lugar de la conferencia:** ICC2020 se llevará a cabo en el Hotel Hilton, Kuching, Sarawak, Malasia.

**Alojamiento:** Los asistentes a la conferencia son responsables de todos los aspectos de sus propios arreglos de viaje y alojamiento. El hotel de conferencias, Hilton Kuching, ofrece tarifas de descuento para los asistentes a la conferencia. Cómo reservar: La reserva se realiza directamente con el Hotel: [AQUÍ](#)

**Tarifas de la conferencia / Registro / Pago:** Las tarifas de la conferencia (incluidos almuerzos y pausas) son las siguientes. Todas las cantidades están en \$ USD (Dólares americanos), con la cantidad de RM, la moneda local (Ringgit de Malasia) entre paréntesis junto a ellos



Fuente de Imagen: Pixabay

|                                | Día de la pre-Conferencia | Reserva temprana (hasta el 31 de enero)* | Tarifa Completa*         |
|--------------------------------|---------------------------|--|--------------------------|
| <b>Miembro IAC</b>             | <b>85</b><br>(250 RM)     | <b>435</b><br>(1750 RM)                  | <b>500</b><br>(2000 RM)  |
| <b>No miembro</b>              | <b>85</b><br>(250 RM)     | <b>575</b><br>(2300 RM)                  | <b>650</b><br>(2,600 RM) |
| <b>Estudiante IAC</b>          | <b>60</b><br>(350 RM)     | <b>285</b><br>(1150 RM)                  | <b>350</b><br>(1400 RM)  |
| <b>Estudiante (No miembro)</b> | <b>60</b><br>(350 RM)     | <b>350</b><br>(1400 RM)                  | <b>415</b><br>(1650 RM)  |

\* No incluye el día de la Pre-Conferencia

#### Las tarifas incluyen:

- Comida: un almuerzo y dos pausas para el té (café / té, 2-3 bocadillos) en cada día de la conferencia
- Un kit de programa (ICC2020 Program Book, Lanyard, Nametag)
- ICC2020 Souvenir
- Bolsa de asas ICC2020
- Certificado de asistencia a la conferencia.

El registro de la conferencia se completa [AQUÍ](#)

Descuentos grupales: para aquellos que deseen traer un grupo grande (al menos 10 personas), comuníquense directamente con la secretaria (secretariat@icc2020.my) para discutir una tarifa con descuento.



Fuente de Imagen: Pixabay

Envío de resúmenes / propuestas: debe enviarse un resumen / propuesta de aproximadamente 300 palabras antes del 29 de noviembre de 2019. Las cartas de aceptación se emitirán en enero de 2020. El pago de las tarifas de registro de ICC2020 debe completarse solo después de que el resumen sea ACEPTADO y después de haber RECIBIÓ una carta de aceptación de la secretaria de ICC2020. Se pueden enviar resúmenes / propuestas [AQUÍ](#).

Cena de Gala: Todos los delegados registrados serán invitados a una Cena de Estado en la noche del martes 11 de agosto de 2020. Este evento es generosamente organizado por Sarawak State y no hay ningún cargo para los asistentes.

Redes sociales: nuestros socios de Malasia lo invitan a conectarse con ellos a través de Facebook (International Counseling Conference 2020) e Instagram (ICC2020\_IAC2020).

Consultas: Póngase en contacto con la Secretaría de ICC2020 (en Malasia) con cualquier consulta en: secretariat@icc2020.my

Información sobre visas y aduanas: consulte [AQUÍ](#)



# MAPEO DE LA PROFESIÓN DE CONSEJERÍA EN ÁFRICA

IAC actualmente está participando en un importante proyecto global de consejería titulado 'Mapeo mundial de la profesión de consejería'. El objetivo del proyecto es recopilar datos e información sobre la escala, los estándares y los contextos de la actividad de asesoramiento en cada uno de los 196 países del mundo. El mapeo de los 54 estados soberanos de África ha comenzado y se encuentra en una etapa de recopilación de información. El mapeo de esta región será el segundo (después de América Latina) en mapearse. El mapeo de la región piloto (América Latina) se llevó a cabo en asociación con la American Counseling Association (ACA), cuyo apoyo agradecemos. Generar conocimiento detallado sobre la profesión de asesoramiento para cada país aumentará significativamente la conciencia pública y profesional sobre el asesoramiento, permitirá una mayor promoción (tanto nacional como internacional) y mejorará el intercambio de información para asesores individuales y la profesión en general. Este es un proyecto a gran escala ya que el continente africano tiene más de 1.200 millones de residentes. Los contextos culturales en los que se practica el asesoramiento en África son increíblemente variados. Por ejemplo, es el continente lingüísticamente más diverso con más de 3.000 idiomas que se estima que se hablan en este hermoso continente. La Organización Mundial de la Salud (OMS) alienta la actividad de mapeo de IAC como un desarrollo positivo para obtener una evaluación precisa del número de profesionales de salud mental en todo el mundo. Por favor, lea más sobre el mapeo [AQUÍ](#).

Fuente de Imagen: Pixabay

## ORGANIZACIÓN MUNDIAL DE LA SALUD

la directora ejecutiva de IAC, Naoise Kelly, asistió al Foro Anual de la OMS de 2019 en octubre. Estos dos días de actividad intensiva brindaron a IAC la oportunidad de interactuar con un grupo diverso de partes interesadas en salud mental para discutir una variedad de temas, principalmente relacionados con la implementación del Plan de Acción de Salud Mental 2013-2020 de la OMS. El enfoque de la OMS para el evento fue la prevención del suicidio. Lanzaron videos y folletos que se pueden ver [AQUÍ](#). Además, la OMS lanzó el Juego de herramientas comunitarias de salud mental (ver [AQUÍ](#)).

## EMBAJADORES DE PAÍS DE IAC

en diciembre de 2019 se lanzará el programa de embajadores de país de IAC. El Consejo Ejecutivo de IAC ha aprobado el establecimiento de una red global de embajadores de países de IAC para promover y representar a la Asociación en todo el mundo. Un embajador de país de IAC es un miembro de IAC que representa a IAC a nivel de país y sirve como enlace directo a la asesoría en ese país. Esta red nos ayudará a cumplir los objetivos estratégicos de IAC para el desarrollo de asesoramiento, promoción global de la mejora profesional de la infraestructura. El papel de un embajador de IAC es aumentar la conciencia de IAC y su trabajo, promover la membresía, actuar como mentor para miembros nuevos y potenciales, y ayudar a construir el perfil de IAC. Los embajadores de IAC servirán como representantes oficiales de IAC en una capacidad de voluntariado mejorada por un período de tres años (con el potencial de renovación). En diciembre se anunciarán todos los detalles del papel y los deberes de estas nuevas y prestigiosas posiciones (por las cuales se otorgará el reconocimiento apropiado).

# EVENTOS Y CONFERENCIAS DE ASESORAMIENTO 2019/20

**Grecia: (noviembre de 2019):** Conferencia de la Asociación Helénica de Counseling (HAC) 2019, "Amor, afecto, sexo: el tríptico de la relación", 2 y 3 de noviembre de 2019, Atenas, Grecia.

**Estados Unidos: (febrero de 2020):** "Quinta Conferencia anual de Derecho y Ética en la Consejería", 11-14 de febrero de 2020, en el Bourbon Orleans Hotel, Nueva Orleans, Louisiana. [Detalles AQUÍ](#)

**Irlanda: (marzo 2020):** "Tercera Conferencia Internacional sobre Asesoramiento Pluralista y Psicoterapia", 28 - 29 de marzo de 2020, IICP, Dublín. [Detalles AQUÍ](#)

**USA : (abril de 2020):** Conferencia y exposición de ACA 2020 "Avance: para usted, su profesión y sus clientes", 16 - 19 de abril de 2020, San Diego, California. [Detalles AQUÍ](#)

**Reino Unido: (mayo de 2020):** 26ª Conferencia Anual de Investigación BACP "Mantener a los clientes en el centro de la investigación y la política", 15 - 16 de mayo de 2020, Bristol, Inglaterra. [Detalles AQUÍ](#)

**Canadá: (mayo de 2020):** Conferencia CCPA 2020, 7-10 de mayo de 2020, en el Westin Hotel, Edmonton, Alberta. [Detalles AQUÍ](#)

**Malasia: (agosto de 2020):** Conferencia IAC / ICC 2020. 'Temas contemporáneos en la consejería' 10-13 de agosto de 2020, Hilton Kuching, Sarawak, Malasia [Detalles AQUÍ](#)



Fuente de Imagen: Pixabay

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## RECLUTAMIENTO DEL COMITÉ

Como resultado de nuestras solicitudes de reclutamiento voluntario a los miembros, se cubrieron algunos puestos. Todavía buscamos miembros para algunos comités y alentamos a todos los miembros que deseen desempeñar un papel más activo en IAC a presentar sus nombres. Por favor, considere los Términos de Referencia y los roles del comité cuidadosamente antes de ofrecer ayuda. Haga clic en el nombre del comité (a continuación) para obtener las descripciones completas. Si está interesado, envíe un correo electrónico indicando su interés, cualquier habilidad o experiencia relevante y lo que espera aportar al comité / rol. Envíe esto por correo electrónico a la persona que figura después del comité / área de trabajo:

- Comité de Desarrollo IAC - Por favor contacte al Dr. Matt Lyons: [matthew.lyons@ucumberland.edu](mailto:matthew.lyons@ucumberland.edu)
- Comité de Membresía de IAC - Póngase en contacto con [ceo@iac-irtac.org](mailto:ceo@iac-irtac.org)
- Asistentes del boletín de IAC: comuníquese con Anna Maria Mora: [tiaga.san@gmail.com](mailto:tiaga.san@gmail.com)
- Comité de eventos de IAC: póngase en contacto con [ceo@iac-irtac.org](mailto:ceo@iac-irtac.org)

No dude en contactarnos si tiene alguna pregunta o consulta. Agradecemos enormemente su consideración de esta solicitud

# COUNSELING TRANSCULTURAL EN LÍNEA

SERIE WEBINAR DE IAC

**Presentador:** Desiree Carlson

**Cuándo:** 12:00 p.m. (hora del este) viernes 6 de diciembre de 2019

**Costo:**

- **Gratis** para miembros de IAC ([ver Membresía de IAC](#))
- € 10 (Euros) para los no-miembros del IAC



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**Cómo unirse:**

- **Miembros IAC:** Se puede unirse con este enlace: <https://zoom.us/my/nperron> o con este código Zoom: 603-504-6140
- **No miembros:** envíe un correo electrónico a [ceo@iac-irtac.org](mailto:ceo@iac-irtac.org) para obtener instrucciones.

**Descripción del Webinar:** COUNSELING TRANSCULTURAL EN LÍNEA

**Descripción del Webinar:** COUNSELING TRANSCULTURAL EN LÍNEA

Como counselors, estamos utilizando cada vez más la tecnología como una forma de ayudar a otros sin fronteras físicas o geográficas. Esta realidad tiene un enorme potencial, así como enormes desafíos para mantener intacta nuestra mentalidad profesional y, al mismo tiempo, abrir nuestras mentes para adaptarse a las realidades virtuales y dominar el arte de crear intimidad y conexión a través de espacios virtuales. Crear un entorno terapéutico en línea requiere un conjunto considerable de habilidades culturales, emocionales y fenomenológicas para que nuestro trabajo sea terapéutico y accesible para todos. Este webinar, COUNSELING TRANSCULTURAL EN LÍNEA, busca reflexionar sobre estos asuntos, así como desarrollar herramientas para crear espacios terapéuticos virtuales, enfrentando los desafíos con sabiduría, humildad e intencionalidad.



**Desiree Carlson:** Desiree Carlson es una psicoterapeuta con amplia experiencia profesional. Desiree ha desarrollado e implementado una amplia variedad de programas terapéuticos para jóvenes, adultos, hombres, mujeres, solteros y parejas. Desiree es una reconocida terapeuta tanto nacional como internacionalmente, diseñadora e instructora, experta en facilitar seminarios, talleres, capacitaciones y conferencias, así como en proporcionar servicios de counseling individualizados para individuos y grupos. Desiree tiene licencia como Counselor, psicoterapeuta y coach de habilidades. Se unió al Consejo Ejecutivo de IAC en mayo de 2019, con el fin de brindar conexión y evolución al counseling en Latinoamérica. Desiree ha dedicado más de 10 años al desarrollo de una terapia sin fronteras a través de una perspectiva fenomenológica.

**¡A disfrutar del webinar!**

# REDES SOCIALES

el perfil de las redes sociales de IAC ha aumentado constantemente y tenemos aproximadamente 1650 "Seguidores" de Facebook. Aunque, en general, este es un número relativamente bajo, la tasa de aumento es notable y continua. Alentamos a todos los partidarios de IAC a que hagan clic en "Me gusta" en la página de Facebook y vuelvan a twittear nuestros "Tweets". La voluntaria de IAC Valentina Chichiniova publica regularmente artículos en las redes sociales de IAC y apreciamos mucho su aporte.

# MENSAJES DE APOYO

IAC envió recientemente una carta de mensaje de apoyo ([lea AQUÍ](#)) a la Asociación Helénica (Griega) para la Conferencia de Consejería de 2019. IAC fue invitado a asistir y hablar, pero desafortunadamente nuestro financiamiento no permitió eso. Cualquier miembro de IAC que desee recibir mensajes similares para su conferencia de asesoramiento nacional o de otro tipo, háganoslo saber.



# TODOS LOS IDIOMAS

No dude en enviar artículos de interés en cualquier idioma. Si podemos traducirlo, lo haremos, pero si no, nos complace que los hablantes de ese idioma, como mínimo, puedan leerlo.

# PUBLICIDAD

## COLOQUE UN ANUNCIO EN EL BOLETÍN DE IAC

Esto crea una oportunidad para:

- Conéctese con consejeros de todo el mundo
- Acceda a una gran audiencia internacional
- Llegar a consejeros, educadores y estudiantes
- Anuncie a bajo costo

Para obtener más información, póngase en contacto con: [ceo@iac-irtac.org](mailto:ceo@iac-irtac.org)

# PÓNGASE EN CONTACTO

Comparta sus noticias de asesoramiento: si desea compartir sus historias de asesoramiento o noticias de su país, envíelas por correo electrónico a: Anna María Mora: [tiaga.san@gmail.com](mailto:tiaga.san@gmail.com) y Roberta Neault: [roberta@lifestrategies.ca](mailto:roberta@lifestrategies.ca)