

INTERNATIONAL ASSOCIATION FOR COUNSELLING INTERNATIONAL NON-GOVERNMENTAL ORGANIZATION

IAC WEBINAR SERIES PRESENTS

WORKING THROUGH CONFLICT AND FORGIVENESS



1ST OCTOBER, 2021 10:00 AM (CDT)

PLEASE CHECK THE CORRESPONDING TIME IN YOUR COUNTRY CAREFULLY

- FREE FOR IAC MEMBERS (SEE <u>IAC MEMBERSHIP</u>)
- €15 (EUROS) FOR NON-IAC MEMBERS (PAYMENT LINK)

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Dr. RICK BALKIN, Ph.D., LPC, NCC



THE WEBINAR WILL INTRODUCE ESSENTIAL COMPONENTS TO UNDERSTANDING HOW FORGIVENESS AND CONFLICTS IN RELATIONSHIPS MAY BE ADDRESSED, AND PERHAPS ALLEVIATED, OR WORKED THROUGH.

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IAC WEBINAR SERIES

LEARNING OBJECTIVES

- Understand the conceptualizations of interpersonal and intrapersonal forgiveness;
- Utilize the Forgiveness Reconciliation Model to conceptualize pathways to addressing conflict and forgiveness;
- Introduce the Forgiveness Reconciliation Inventory as a way to help clients (and ourselves) process through issues of conflict and forgiveness;

RATIONALE

- This presentation is about the process of working through forgiveness. Contextual and cultural aspects of forgiveness are explored through stories, humour, clinical examples, research, and empirical findings. The content of the presentation is aimed at students, educators, and clinicians. In other words, emerging and veteran clinicians might benefit from the theoretical and empirical underpinnings of working with clients through the forgiveness process. Everyone might benefit from the processing and self-help components of the model.
- Forgiveness is examined under a cultural and developmental perspective by understanding how environment and religion influence the conceptualisation of forgiveness. The model presented approaches forgiveness from a theoretical model initially conceptualized from Judaism and broadened to a general population. Finally, a validated measure and the research findings related to both the measure and the model are provided and explained so that attendees obtain a tool for themselves or for working with clients in a clinical setting.

ABOUT THE SPEAKER

- Rick Balkin, PhD, LPC, NCC is a Professor, Assistant Department Chair of Leadership and Counselor Education, and Coordinator of Educational Research and Design in the School of Education at the University of Mississippi. He is the author of Practicing Forgiveness: A Path Toward Healing, published by Oxford University Press. He currently serves as Editorin-Chief for the International Journal for the Advancement of Counselling.
- Rick began practice as a professional counsellor in 1993 and has worked in academia since 2003. Rick has over 90 publications. His counselling experience with at-risk youth was formative to his research agenda, which includes understanding the role of counselling and relevant goals for adolescents in crisis and counselling outcomes. In addition, he has published in religious diversity and forgiveness and developed a model and measure for working through issues of forgiveness and conflict.

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