

# International Association for Counselling's Counselling Practitioners' Round Table

***"Sharing practice around the world"***

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## **Counselling Practitioners' Round Table January 27, 2018 Session Report**

The following report highlights the proceedings of the January 2018 Counselling Practitioners' Round Table (CPRT) for the International Association for Counselling (IAC), which met online on Saturday, January 27, 2018 from 7:30-9:00am (Chicago/USA time). The round table proceeded online through the Blue Jeans web conference with four participants.

### **The Round Table aims:**

To provide a forum within the International Community of Counsellors for practitioners to share and discuss matters arising from their practice for celebration or concern; create mutual support and encouragement across International and multi-cultural contexts around the world using video conference, webinar, Skype, e-mail and text, designed to combat isolation; and to address the wider professional and research community with matters of interest or concern.

### **General Announcements**

- Reviewed CPRT role within IAC
- Ways to get involved through IAC:
  - [Membership](#)
  - [Certification](#)
  - [Round Tables](#)
- Reviewed follow-up items from previous [CPRT Meeting notes](#)

**CPRT Participant Check-ins:** The CPRT enjoyed 7 participants in the meeting. Two additional participants were striving to attend, but technology issues became a problem that interrupted participation. Those present included (in English alphabetical order by last name):

- **Victoria Babini**- lives in Cincinnati, USA, doing doctoral studies in counseling; Licensed Professional Counselor, working in school district with kids with mental health needs; nominated into national committee with ACA



- **Beatriz Brinkman**- lives in Argentina; professional counselor with private practice; retired; expertise in body-mind-consciousness; past president of Argentina Conference Association
- **Anita Jones**- lives and works in Idaho, USA as a professional counselor, works in family courts, specialty is trauma, counselor wellness; vicarious trauma and compassion fatigue
- **Sandy Kakacek**— Licensed Clinical Professional Counselor in Illinois, USA; private practice in Chicago; professor at Adler University; also teaching at Northwestern University; president of IL Counseling Association
- **Sudha Nagarajan**– Licensed Professional Counselor in New Jersey, USA, doctoral student; researching non-immigrant Indian women working in the U.S.
- **Nate Perron**- lives in Chicago area, USA; Licensed Clinical Professional Counselor in Illinois; professor at Northwestern university, owns private counseling practice; Chair of CPRT
- **John Prysor-Jones**—Professional counselor in Wales, UK; semi-retired; worked in national health service, in hospitals; expertise in hope; Secretary of IAC

*Thank you for attempting before technology issues prevented your participation:*

- **Dominic Msona**
- **Jayita Datta**

### **2018 IAC Conference in Rome, Italy**

- **Conference details:** The CPRT discussed the 2018 conference, highlighting that registration is open, and proposals are being accepted for panel and poster presentations.
- **Conference theme:** The CPRT discussed the theme of the conference, “Counselling Issues and Processes Across Ages and Cultures.”
- **CPRT Plenary Session:** Participants discussed involvement with the CPRT plenary session at the 2018 IAC Conference in Rome, Italy. The theme of the conference, “Counselling Issues and Processes Across Ages and Cultures.” The following participants agreed to present as panellists at the conference with the following related topics:
  - **Beatriz Brinckmann:** mental health support for the elderly
  - **Anita Jones:** willingness to share on her specialty in trauma. interested in discussing actual round tables where people who want to discuss issues, but also provide information; overall discussion of trauma
  - **Sudha Nagarajan:** remote caregiving for parents in other cultures; also increased concerns with injustices in Myanmar
  - **Victoria Babini:** issues moving to the US and struggling with different culture; related studies with African refugees in the US



- **John Prysor-Jones:** gender equality and women's empowerment; current focus on the inappropriate behavior by men and how it has impacted the world
- **Sandy Kakacek:** prevalent issues with fear of having to be taken away from their families in immigrant or refugee situations

### Key discussion points

- Reviewed follow-up items from last meeting, including: best time to meet, increasing CPRT membership, enhance research developments, understanding funding opportunities for the Executive Council
- Observed an increase of conflicting issues of sexuality, such as age of young people to marry, and other issues
- Evaluated time of meeting and online format
- Those attending the ACA conference will attempt to connect in April 2018

### Follow-up items

- CPRT will continue dialogue around what will help bring in more people to the CPRT. How can we increase the diversity of representation across the regions of IAC?
- CPRT members can post for participation: there is continued movement is occurring with upcoming research opportunities: a qualitative study on counseling values and observing WHO efforts
- The Chair may attempt a different online platform to use because there were so many problems with this one.
- Next CPRT meeting is set to meet for 90 minutes on **April 7, 2018** at the following time depending on your time zone:

 <a href="#">Vancouver</a> , Canada	5:30am
 <a href="#">Chicago</a> , IL, USA	7:30am
 <a href="#">Buenos Aires</a> , Argentina	10:30am
 <a href="#">Rome</a> , Italy	2:30pm
 <a href="#">Gaborone</a> , Botswana	3:30pm
 <a href="#">Istanbul</a> , Turkey	5:30pm
 <a href="#">Thimphu</a> , Bhutan	7:30pm
 <a href="#">Kuala Lumpur</a> , Malaysia	9:30pm
 <a href="#">Christchurch</a> , New Zealand*	2:30am (Sunday)

Please note that this list serves as an example of time zones for comparison; we realize all time zones cannot be represented in this short document.

Please go to the [World Clock Time Zone Converter](#) to find your specific time zone.

